

**Monday 28 July 2008**

**Newsletter 22/08**

Dear parents

## **Cross Country**

Our School Cross Country Day is set down for **Tuesday 2<sup>nd</sup> September**, and all classes have begun training (when the weather permits).

Cross Country running is part of our curriculum, and an integral part of our fitness programme, and as such all children are expected to take part unless they have a note from their parents excusing them. Unfortunately, in the past, no sooner do we announce that Cross Country is on the horizon than teachers become inundated with notes, as children develop a range of illnesses, many of them mysterious in origin!! ☺ ☺

Given the fact that the training runs are not too onerous, except in cases of genuine illness or injury we ask parents to assist us in encouraging your children to take part.

The expectations of each team regarding cross country training are:

### **Junior School (Years 0-2):**

The children are beginning, weather permitting, to practise for our annual cross country races. We practise every day at 1:30pm. At present the field is too wet to use, so we will be taking a brisk walk around the block to begin to build fitness. The children are closely supervised and no roads are crossed on this circuit. When we are able to run on the field, the children will need to bring old shoes to run in please. On cross country day, all children will run in shorts, T-shirts in house colours and suitable footwear, bare feet are not permitted. *(Elizabeth Thomas, Team Leader)*

### **Middle School (Years 3 & 4):**

We are beginning our Cross Country practices this week. Our training days are Mondays, Wednesdays and Thursdays. We would like all children to bring running shoes, shorts and a t-shirt (school sports uniform - green shorts and t-shirt) to every practice. We would like every child to participate in every training session as this gives children the best opportunity to improve their fitness. We begin our training sessions slowly, and gradually build up to the race day length and pace. Thank you. *(Liz Sudfeldt, Team Leader)*

### **Senior School (Years 5 & 6):**

We have begun our Cross Country training practices. Our training days are Mondays, Wednesdays and Fridays. We would like all children to bring school sports uniform which consists of green shorts and yellow shirt sleeved t-shirt for every practice. If for some reason your child cannot participate they need a current note from their parent. Please encourage your child to participate. From the results of the School Cross Country we will be selecting a team from Year 4 to 6 to participate in the Interschool Competition later in the term. *(Sandra Johnston, Team Leader)*

### **Special Terrific Persons Awards**

*Congratulations* to all the following little superstars, who will receive their special certificates at **Wednesday** afternoon's assembly. Parents, assembly starts at **2.15pm**, and we'd love to see you: **Caela Adams, Rebecca Barlow, Versheena Bhana, Jack Caple, Kali Dent, Helitha Dharmadasa, Mitchell Douglas, Aditya Edekar, Josh Ellwood, Maddison Foley, Selina Gee, Kody Jelavich-Taumata, Kyla Matthews, Emily McGowan, Adhirai Prema Maninilavan, Yvette Redondo, Christine Redondo, Emily Speed, Alyssia Valentine and Christina Zhang.**

### **Class Photos**

Payment for class photos is now overdue. If you intend to keep your child's photo, please send payment tomorrow, or alternatively return the photo. Thank you.

## New Pupils

Welcome to the following new pupils: *Abdulahman Alajmi, Jaden Carr, Leesa Johnson, Yena Kim, George Lin, Georgia Manning, Sloane Perkins, Minjoon Ryoo, Hamish Singleton, Samuel Vincent, Lori Wolfson, Aldo Zambiano-Sepulveda*

## Our Children really are Superstars!

- WELL DONE *Jessica Zhao*!! Jessica (Room 12) has been selected to represent New Zealand at the Australian National Ice Figure Skating Championships in a couple of weeks. Way to go Jessica!
- Congratulations to *Versheena Bhana* of Room 12, who has been selected for the Auckland Blue Sticks Year 5 & 6 Rep Hockey Team. A wonderful achievement Versheena! **WELL DONE!**
- Congratulations also to *Ellery Martin* (Room 19) for winning the 2008 Auckland Cross Country Championships (Grade 8). WOW! What a fantastic effort!

## *News from the PTA*

- **WHAT'S HAPPENING ON FRIDAY 19<sup>TH</sup> SEPTEMBER?** Mark this date on your calendar and **BOOK THE BABYSITTER!** The PTA invite you to a **BLACK & WHITE BOOGIE NIGHT** (adults only) being held in the school hall. Tickets will be on sale early August. Stay tuned for more details, but in the meantime plan to get a group of family and friends together to JOIN THE FUN!!!
- **PTA PURCHASES:** The PTA were pleased to gift **\$50 per classroom** for the purchase of **literacy or numeracy games/activities**. Staff made their selection over the holidays and these were presented at assembly last week. Funds raised from recent Sausage Sizzle & Donut Days enabled us to purchase these, so thank you for your support!

**Road Patrol...HELP NEEDED!** We need a parent to monitor and assist with road patrols on Tuesday mornings. If you can help, please contact Sandra Johnston at school.

**Scholastic Book Club:** Last day for Book Club orders is *tomorrow, Tuesday 29<sup>th</sup> July.*

## *Helping Your Child to Read*

*Did you know that reading experts tell us that children's reading improves significantly the more they **read** for recreation at **home**?*

*Get your children into the "reading habit". Encourage them to read in bed for 20 minutes or more **every** night before lights out.*

*Did you know that there is **no** evidence to indicate that having a television or play station in a child's bedroom assists that child in learning to read!?* 😊 😊

*Read to your child every day.*

*Buy **books** as presents!*

## **Requesting ride to Kumon Howick Education Centre**

Are there any parents who drop off their child in the Kumon Howick Education Centre after school and during the week? Looking to arrange a ride for my daughter once or twice a week. Please ring 0211513036 or 2551465 daytime or 5375302 in the evenings. Thank you.

**KELLY SPORTS - TERM 3 PROGRAMME- COMMENCING WEEK BEGINNING 28 JULY:** Kelly Sports is offering sports programmes to Year 1 to 6 students.. This term there is an after school MEGA Multisport Programme where children can develop a passion for Tennis, Hockey, Touch Rugby, Cricket, Basketball, Volleyball and Softball as they learn new skills essential for these sports. The Ball Blitz Basics Programme is a wonderful opportunity for your child to develop key sporting skills and inspire them to give sport a go as they improve their catching, kicking, throwing, striking, running and jumping. Netball Skills are back by popular demand (at selected schools). A Player of the Day Trophy is awarded every session for each programme on offer.

Please contact Wendy or Mike Speck on (09) 576 4744 or wendyspeck@kellysports.co.nz. For more info on Kelly Sports please check out our website [www.kellysports.co.nz](http://www.kellysports.co.nz)

Regards

Mr T